

Mon.: Pancakes, Bacon, Juice or Fruit, Milk Tues.: Oatmeal or Grits, Sausage, Toast or Muffin, Juice or Fruit, Milk Wed.: Sausage Biscuit, Juice or Fruit, Milk Thurs.: French Toast Sticks, Sausage Links, Juice or Fruit, Milk Friday: Steak Biscuit, Gravy, Juice or Fruit, Milk

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 INSERVICE	7 Chicken Fingers Creamed Potatoes Glazed Carrots Whole Grain Roll Assorted Fresh/Canned Fruit Choice of Milk	8 Corn Dog Baked Beans Steamed Veggies Assorted Fresh or Canned Fruit Choice of Milk	9 Cheesy Chicken Spaghetti Garden Salad w/Ranch WG Breadstick Assorted Fresh/Canned Fruit Choice of Milk	10 Hot Dog Sun Chips Veggie Dippers/Ranch Assorted Fresh/Canned Fruit Choice of Milk
13 Chili Grilled Cheese Crackers Steamed Broccoli w/Cheese Assorted Fresh/Canned Fruit Choice of Milk	14 Sloppy Joe Slider Sandwich French Fries Green Beans Assorted Fresh/Canned Fruit Choice of Milk	15 Pizza Crunchers/Marinara Garden Salad w/Ranch Whole Kernel Corn Assorted Fresh/Canned Fruit Choice of Milk	16 Chicken Noodle Soup Grilled Cheese Crackers Veggie Dippers w/Ranch Assorted Fresh/Canned Fruit Choice of Milk	17 Hamburger Lettuce/Tomato Choice of Chips Baked Beans Assorted Fresh/Canned Fruit Choice of Milk
20 MLK HOLIDAY	21 Taco Salad w/Chips Shredded Lettuce/Diced Tomatoes Shredded Cheese Refried Beans Assorted Fresh/Canned Fruit Choice of Milk	22 Chicken N Dumplings WG Roll Green Beans Creamed Potatoes Assorted Fresh/Canned Fruit Choice of Milk	23 Spaghetti Whole Grain Breadstick Garden Salad w/Ranch Steamed Corn Assorted Fresh/Canned Fruit Choice of Milk	24 Turkey & Cheese Slider Lettuce/Tomato Veggie Dippers w/Ranch Choice of Chips w/Salsa Assorted Fresh or Canned Fruit Choice of Milk
27 Chicken Nachos Refried Beans Shredded Cheese Salsa/Tortilla Chips Assorted Fresh/Canned Fruit Choice of Milk	28 Crispitoes Chili/Cheese Steamed Broccoli French Fries Assorted Fresh or Canned Fruit Choice of Milk	29 Hot Wings Celery/Carrots/Ranch Sweet Potato Fries Whole Grain Breadstick Assorted Fresh/Canned Fruit Choice of Milk	30 Breakfast for Lunch Biscuits w/Gravy Eggs Sausage/Hash Brown Patty Tomatoes w/Ranch Assorted Fresh or Canned Fru Choice of Milk	Cookie
GRAB-N-GO LUNCH VARIETY AVAILABLE TUES- THUR				MEAL COST Students: FREE w/milk (other drinks extra)
BREAKFAST CEREAL AND PASTRIES AVAILABLE DAILY	<b>GRAB N GO</b> Tues.: Turkey/Cheese Sandwich, Chips, Veggie Dippers, Fruit or Juice, Milk Wed.: Assorted Salads w/Ranch, String Cheese, Chips, Fruit or Juice, Milk Thurs.: Lunchable, String Cheese, Chips, Veggie Dippers, Fruit or Juice, Milk			All adult meals: \$4.75 Extra Entrée: \$1.50 Extra Veggie-Salad-Fruit: \$1.00 Bottled drinks: \$.75-\$1.25